



**BREAKFAST MENU**  
**JOHN'S PLACE RESTAURANT**  
**723 PANDORA AVENUE**  
**250 - 389 - 0711 for reservations**



**MEMORIES**  
 Served with our special cream cheese syrup or pancake syrup.  
 Pure Maple Syrup. **ADD 1.50**

**THE BELGIAN WAFFLE** ( As seen on "You Gotta Eat Here!" )..... **10**  
 ... Your choice of our regular yeast batter or our new **gluten-free**. Served with your choice of house made cream cheese syrup or pancake syrup.     Make it Churro style with a cinnamon, butter, brown sugar spread.     **ADD \$1.50**

**CATCH 22** ..... **15**  
 ... If you can't decide, try the best of both worlds! Our regular or our new **gluten-free** waffle and your choice of a half Classic Benny or half Veggie Benny. Served with your choice of house made cream cheese or pancake syrup

**THE "ODD COUPLE"** ..... **16**  
 ... Savoury and Sweet with a touch of spice. Our Belgian waffle, cut into 4, topped with a sliced real chicken breast cutlet, a shake of icing sugar and fresh fruit garnish with 2 FREE RUN eggs any style on the side. Served with your choice of house made cream cheese syrup or pancake syrup.

**TRADITIONAL FRENCH TOAST** ..... 3 Slices **11**  
 ... Thick slices of sourdough bread soaked in our sweet, creamy mixture and grilled ..... 2 Slices **10**

**THE ORIGINAL PANCAKES** ..... 2 Cakes **11**  
 ... Fluffy, house made pancakes, been here since the 1st day! ..... 1 Cake **7**

**THE 222 HEADACHE** ..... **15**  
 ... Your choice of two pancakes or a Belgian waffle with 2 FREE RUN eggs any style and your choice of two slices of grilled bacon or two link sausages or a Chorizo or Italian turkey sausage patty or grilled Virginian ham or sliced fresh avocado.

**TOPPINGS**

FRESH BANANA	2.5	NATURAL YOGURT	2
BLUEBERRIES	3	VANILLA YOGURT	2
STRAWBERRY TOPPING	3	REAL WHIPPED CREAM	2
FRESH STRAWBERRIES OR BLUEBERRIES IN SEASON	4	HAZELNUT NUTELLA SPREAD	3

**JOHN'S FREE RUN TRADITIONAL** ..... **14**  
 ... Two FREE RUN fresh eggs, cooked any style with your choice of four slices of grilled bacon or grilled Virginian ham or four link sausages or two Chorizo or two Italian turkey sausage patties or sliced fresh avocado in season. Served with toast, an English muffin or GF bun and your choice of seasoned home fries or fresh tomato, or grilled tomatoes.

**SUB FRESH FRUIT \$2**

**JOHN'S FREE RUN LOADED** ..... **15**  
 ... Two FREE RUN fresh eggs, cooked any style with two slices of grilled bacon, grilled Virginian ham, either two link sausages or your choice of one Chorizo or one Italian turkey sausage patty or sliced fresh avocado. Served with toast, an English muffin or GF bun and your choice of seasoned home fries or fresh tomato, or grilled tomatoes.

**SUB FRESH FRUIT \$2**

We make our Eggs Benedict with a smooth, authentic, gluten free hollandaise sauce. We use Free Run Eggs and the freshest ingredients available in our cooking along with real butter, not margarine, which may explain why breakfast at John's Place has been a favourite for over 35 years. Follow us on Facebook or Instagram or check out our website: [johnsplace.ca](http://johnsplace.ca)



## TEX MEX FAVOURITES



**HUEVOS RANCHEROS** ..... 15  
 ... A large flour tortilla, with two FREE RUN fried eggs, homemade enchilada sauce, vegetarian Tex Mex beans and real cheddar cheese. We put it under the broiler and top it with chopped tomatoes and green onion, sliced fresh avocado and sour cream. Served with your choice of Chorizo or Italian turkey sausage.

**Vegetarian – 13**

**THE “HUDSON MACK” BURRITO OLE ( His favourite! )** ..... 15  
 ... Sliced Cajun chicken breast and scrambled FREE RUN eggs, rolled in a large flour tortilla and topped with Enchilada sauce and Edam cheese. Garnished with fresh sliced avocado in season, sour cream, chopped tomato and green onions.

**THE RAGIN’ VEGAN BURRITO** ..... 15  
 ... Our unique mixture of garbanzo beans, baked yams, organic quinoa, flax seed, red onion, oatmeal and seasonings, rolled in toasted sunflower seeds and grilled. Wrapped in a large flour tortilla with sautéed peppers, spinach, mushrooms, vegetarian Tex Mex beans and enchilada sauce. Garnished with chopped tomatoes and green onions, fresh sliced avocado and salsa.



## OFF THE WALL BREAKFASTS



**“BAT OUT OF HELL” MEATLOAF ‘N’ EGGS ( As seen on “You Gotta Eat Here!” )** ..... 16  
 ... Two slices of our Southwestern meatloaf made from ground beef and pork with mushroom Marsala gravy and two FREE RUN eggs any style. Served with your choice of toast, English muffin, GF bun, sesame bagel or house made savoury cornbread and your choice of seasoned home fries or fresh tomato, or grilled tomatoes.

**SENIOR PORTION - 13**

**THE POLISH FRITTATA** ..... 15  
 ... An open-faced 4 FREE RUN egg omelette, topped with 5 potato cheese perogies with diced onions and bacon, and grilled Ukrainian sausage. Served with sour cream on the side and your choice of toast, English muffin, GF bun, sesame bagel, or our house made savoury cornbread and home fries or grilled or fresh tomatoes. **SUB FRESH FRUIT 2**

**VALDY’S FRITTATA ( Valdy’s favourite breakfast )** ..... 15  
 ... A fluffy, open faced, 4 FREE RUN egg omelette, with chorizo sausage, garlic, sun-dried tomatoes, onions, and feta cheese. Served with your choice of toast, English muffin, sesame bagel, or our house made savoury cornbread and home fries or grilled or fresh tomatoes. **SUB FRESH FRUIT 2**

**SOUTHWEST TOFU HASH ( for our Vegan and GF friends )** ..... 15  
 Scrambled tofu with sliced red onion, mushrooms, sliced peppers, fresh spinach, nutritional yeast and a touch of cajun spice. Topped with sliced fresh avocado and served with home fries and a side of salsa. **SUB FRESH FRUIT 2**

**YANKEE CORNED BEEF HASH** ..... 15  
 ... Home style ground corned beef hash, grilled with potatoes, topped with two FREE RUN poached eggs and garnished with green onions. Served with your choice of toast, English muffin, GF bun, sesame bagel, or our house made savoury cornbread.

**MEAT LOVER’S HASH** ..... 16  
 ... Our house made chorizo sausage, diced ham and bacon, sliced peppers, mushrooms, red onion and potatoes, topped with two FREE RUN poached eggs and garnished with green onions. Served with your choice of toast, English muffin, sesame bagel or our house made savoury cornbread.

**Add our smooth REAL butter hollandaise sauce to your hash for \$3.00**

**LIGHT MY FIRE** ..... 12  
 ... A large bowl of fresh fruit with your choice of house made savoury corn bread, sesame bagel, English muffin or toast.  
**Add: Natural or Vanilla Yogurt 2**

**NATURES GRANOLA** ..... 10  
 ... Our own natural granola sweetened only with pure honey and full of oats, coconut, flax seeds, pumpkin seeds, almonds, dried cranberries and dried dates. Served with milk and Natural or Vanilla yogurt, and banana and fresh fruit in season.



**THE EGGS BENNY HALL OF FAME**  
 FREE RUN poached eggs on your choice of an English muffin, GF bun, sesame bagel or house made savoury cornbread with your choice of topping and topped with a smooth **REAL** butter gluten free hollandaise sauce.  
 Served with your choice of seasoned home fries, fresh tomato ,or grilled tomatoes.  
**SUB FRESH FRUIT - 2**



	1/2	FULL		1/2	FULL
<b>THE CLASSIC ( 1984 )</b> As seen on "You Gotta Eat Here!" .. with grilled Virginian ham	12	15	<b>THE "FLORENTINE"( 1984 )</b> .. with fresh steamed spinach	12	15
<b>THE TURKEY SAUSAGE ( 1998 )</b> .. with grilled Italian turkey sausage	12	15	<b>THE VEGGIE ( 1996 )</b> .. with grilled tomatoes and fresh asparagus (in season)	12	15
<b>THE BLACKSTONE ( 1997 )</b> .. with grilled tomatoes and bacon	12	15	<b>THE VALENTINO ( 1984 )</b> .. with smoked salmon and fresh asparagus (in season )	13	16
<b>THE CHORIZO SAUSAGE ( 2000 )</b> .. with grilled chorizo sausage	12	15	<b>THE "MEELA" ( 2018 )</b> .. with bacon and fresh avocado	14	17



- |                                 |   |
|---------------------------------|---|
| Add Extra Hollandaise Sauce     | 3 |
| Add Fresh Steamed Spinach       | 3 |
| Add Fresh Asparagus in Season   | 3 |
| Add 1/2 Fresh Avocado in Season | 2 |
| Add Feta Cheese                 | 2 |



**CREATE YOUR OWN OMELETTES ( 11 )**  
 Our fluffy three FREE RUN egg omelettes are served your choice of an English muffin, GF bun, sesame bagel or house made savoury cornbread.  
 Served with your choice of seasoned home fries, fresh tomato, or grilled tomatoes.  
**SUB FRESH FRUIT - 2**

DAIRY 1.00 EA.	MEATS 1.50 EA.	VEGGIES 1.00 EA.	ODDS & ENDS	
Cheddar Cheese	Grilled Bacon	Fresh Mushrooms	Enchilada Sauce	2
Edam Cheese	Virginian Ham	Fresh Spinach	1/2 Fresh Avocado	2
Swiss Cheese	Pork Link Sausage	Fresh Sliced Peppers	Salsa	2
Cream Cheese	House made Chorizo Sausage	Fresh Green Onion	Sliced Cajun Chicken Breast	4
Yogurt	House made Turkey Sausage	Fresh Tomato	Artichoke Heart ( ea. )	1.5
Sour Cream	Ukrainian Sausage	Fresh Onion	Sundried Tomatoes	1.5
Parmesan Cheese	House Made Meatloaf	Fresh Red Onion	Feta Cheese	2
		Jalapeno Peppers	Goat Cheese	2.5

## A LITTLE ON THE SIDE

ONE FREE RUN EGG	3	TOAST—Multigrain, Marble Rye or Sourdough	3
TWO FREE RUN EGGS	4	HOUSEMADE FRESH FRUIT SALAD	10
GRILLED BACON - 4 Slices	5	1/2 FRESH FRUIT SALAD	6.5
GRILLED HAM OR 4 PORK LINKS	5	YOGURT—Natural or Vanilla	3
HOUSE MADE CHORIZO OR TURKEY SAUSAGE	5	SAVOURY CORN BREAD w/ butter	4
SIDE OF CORNED BEEF HASH	9 5.5	GLUTEN FREE BUN w/ butter & jam	4
8oz 5oz			
MOUNT ROYAL'S SESAME BAGEL	3.5	SEASONED HOME FRIES	4
w/ cream cheese, lettuce & sliced tomato	6		
Side of cream cheese	3		
Add smoked salmon	5		

## BREAKFAST BEVERAGES

BAR MENU SERVED AFTER 9AM

JUICES	SM.	LG.		
ORANGE, APPLE, PINEAPPLE OR GRAPEFRUIT	3	4	HOT APPLE CIDER	3.5
TOMATO OR CLAMATO JUICE		4	TEA OR HERBAL TEA	3
MILK	2.5	3.5	STEAMED MILK	3.5
CHOCOLATE MILK	3	4	HOT CHOCOLATE	4
CHAI LATTE		4	STRAWBERRY SMOOTHIE w/ yogurt, pineapple juice and strawberry	5.5
			BANANA PEANUT BUTTER VEGAN SMOOTHIE w/ almond milk and maple syrup	6.5

## LAVAZZA ESPRESSO DRINKS

Consider taking home a package of our retail regular roast coffee! We'll grind it for you!

	SINGLE	DOUBLE		SINGLE	DOUBLE
ESPRESSO (LAVAZZA)	3.5	4	CAFÉ LATTE	4.5	5
DECAFE ESPRESSO	3.5	4	CAFÉ MOCHA	5	5.5
CAFÉ AMERICANO	3.5	4	ICED LATTE	4.	5
CAPPUCINO	4.5	5	ICED MOCHA	5	5.5

Your choice of 2% Milk, Soy Milk or Almond Milk